

AEROSPACE MEDICAL ASSOCIATION FOUNDATION NEWSLETTER

Volume 24 / Spring 2026

AsMA FOUNDATION BOARD OF DIRECTORS

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NOTES FROM THE CHAIR

The Foundation has 19 dedicated funds that are responsible for funding over 20 yearly scholarships. These very competitive scholarships are mostly directed at students, residents, and aerospace medical professionals that are early in their careers. It is the most important mechanism that the AsMA organization has to grow, encourage, and develop the field of Aerospace Medicine. It encourages early achievement and recognizes people for their interest and early dedication to the field.

The Foundation allows a mechanism where people who have spent their career in Aerospace Medicine can give back to a field that has given them so much. It is not important whether someone gives \$100 or \$10,000. But if Aerospace Medicine has benefited your life, then we would hope that you would participate in the Foundation at some level. We are very gratified to see the number of individual donors increase from 79 in 2024 to 145 in 2025. For many of us, we feel that it is important that we establish a legacy that will continue after we are no longer at the annual meeting in fellowship with our life-long colleagues and have established dedicated funds that will fund scholarships long into the future. Please consider participating in the AsMA Foundation.

Donations to the foundation are tax deductible and they grow rapidly as they are immediately invested into our brokerage account which has performed well year after year. The average return on investment in the last 10 years has been 9% and last year was over 10%! The foundation assets have increased from \$658,500 on 12/23/23 to \$1,100,000 as of 4/1/26. We still have a goal of reaching \$5 Million by 2029 in our *Need for Speed* campaign. It is easy to donate by going to our website, asmafoundation.org. On-line donation by credit card, PayPal or bank transfer is now easy and secure with our new software. You can designate a Fund, donate as a tribute to someone, and set up a monthly recurrent donation to suit your budget. In addition, the Foundation stands ready to work with donors whose tax situations are more complex and who may be better served by direct transfer of appreciated stocks, bonds, mutual funds, or properties.



I wanted to thank all of the members who supported the Aerospace Medical Association Foundation with donations and pledges at the last annual meeting. Total donations received during the meeting were \$45,092.00 after we added in the \$20,000.00 matching donation! I apologize for running out of the AsMA Foundation golf shirts which I promised everyone. I just didn't realize that they would be so popular. We now have received more golf shirts and in all sizes.

Mark R. Campbell, M.D., Chair

NEED FOR SPEED FUNDING CAMPAIGN

In 2024 the AsMA Foundation announced a \$5 million dollar fund raising campaign to coincide with the 100th AsMA anniversary in 2029. The fund is planned to accelerate and empower the education, training, and research efforts of the next generation of physicians, scientists, physiologists, nurses, and aeromedical managers that will take human presence to deep space and higher, faster, and safer in the atmosphere. Specific targets for the funds include supporting education and graduate training in aerospace medicine, expanding technology in our field, establishing seed grants and support for young investigator research, and aeromedical support for training and support of the new workforce needed in commercial spaceflight. The Need for Speed: Farther, Faster, Together campaign seeks to reach the target goal in time to celebrate AsMA's 100th anniversary in May 2029. While a campaign of this magnitude will require some major gifts, the key to its success will be that all AsMA members participate in some way that fits their individual financial situation.

ASMA FOUNDATION BOARD REPORT

We are pleased to announce two new Foundation Board members. Leroy Gross and Richard Jennings are leaving the Board after many years of exceptional service. Jeff Myers will fulfill the next six years remaining of the position held by Leroy Gross and Jim Vanderploeg will take up the position vacated by Dr. Jennings.

TREASURER'S REPORT

The Foundation is actively preparing for the Annual Scientific Meeting in Denver, marking the busiest period of the year. During this time, the Foundation provides critical support for awards and scholarships benefiting AsMA and its many constituent organizations. Currently, the Foundation manages 19 named funds in addition to a general fund, which collectively support twenty scholarships and awards, as well as the annual Trumbo Run. Details about these awards and scholarships will be featured in the Fall Foundation Newsletter. Two new sponsored funds have been established, the Jeff Jones Fund and the Jeff Sutton Fund.

The Foundation encourages individuals to consider becoming donors. Monthly donations can be easily established through the Foundation's website, asmafoundation.org. By selecting "Donate Now," donors may choose to make a one-time contribution or set up recurring donations. Contributions can be unrestricted or directed to support a specific fund.

The Foundation is now incorporated and conducting business as a registered entity in Florida, co-located with the AsMA headquarters. Recently, the Foundation changed accountants due to the previous firm's inability to support the full range of required services, including the filing of annual 990s as a tax-exempt organization. The Foundation Board has voted to approve an audit, which is currently in progress.

At the end of calendar year 2025, the Foundation reported assets totaling \$1,066,662 representing a 10% increase over the previous year. This growth was made possible by the generosity of donors, who contributed \$100,034 in 2025. As of December 31, 2025, the Foundation also maintained \$43,896 in its savings and checking accounts. Although markets are currently experiencing turbulence, the Foundation's funds are invested in a conservative, diversified portfolio designed for long-term returns. Investment management is provided by Tufton Capital, whose independent and professional approach helps limit volatility and ensures a stable financial future for the Foundation. Asset allocation remains

conservative, prioritizing capital retention and providing sufficient annual income to guarantee scholarship and award distributions regardless of market conditions.

SPECIAL ALTERNATE DONATION PATHWAYS

The AsMA Foundation appreciates the generous support we have received from AsMA membership and hope that certain giving strategies can benefit both those wanting to support our chosen field while also reducing their tax burden. The recently passed One Big Beautiful Bill Act (OBBBA) has several implications for those AsMA members considering charitable gifts. The legislation introduces a modest above-the-line charitable deduction for non-itemizers, but it limits the benefits of itemizing charitable gifts, which particularly impacts higher-income households. For older AsMA members, Qualified Charitable Distributions (QCDs) continue to be an excellent strategy for those taxpayers who are subject to Required Minimum Distributions (RMDs), and in many cases the most tax-efficient way to give.

In 2023, only about 10% of tax filers used itemized deductions, and now the higher standard deductions of \$15,750 for single filers and \$31,500 for joint filers has been extended. These numbers are indexed for inflation. In addition, the OBBBA now allows Above-the-Line deductions of \$1000 (single) or \$2000 (married filing jointly) for charitable cash donations. These changes and other changes enacted by the OBBA weaken the case for itemizing deductions, and for older retired individuals or those who must take required minimum deductions (RMDs) make the use of qualified charitable distributions (QCDs) very appealing. New regulation limits the benefit of itemized deductions and includes changes that mean no deduction applies until charitable gifts exceed 0.5% of Adjusted Gross Income (AGI) and a new 35% deduction cap for high earners (a 10,000 donation yields just a \$3,500 deduction).

QCDs allow individuals aged 70.5 or older to transfer up to \$108,000 (2025) directly from their IRA to a qualified charity, and if married with separate IRAs, the limit doubles. QCDs count toward ones RMD but are not included in taxable income. At the same time, one can support charitable activities in their area of interest. By reducing AGI, they may reduce tax liability and medical premiums. Other advantages of QCDs are that they reduce the need to itemize tax deductions and offer benefit for those taking the standard deduction. There are many other ways for AsMA members to reduce tax load such as donating appreciated property or stock. The provisions of the new OBBBA are just being implemented, and it is critical to discuss one's individual situation with a trusted tax professional.

RICHARD B. "DICK" TRUMBO 5K PREVENTIVE MEDICINE FUN RUN/WALK

Plans are well underway for the annual Richard B. "Dick" Trumbo 5K Preventive Medicine Run/Walk to be held at 6:00 AM on **Tuesday** May19, at the Mile-High Trail in Denver's beautiful City Park. The event promotes healthy lifestyles and honors the long-term initiator and supporter of the Run. The event is supported in part by proceeds from the Richard B. and Peggy Trumbo endowed fund that was created by Dick's friends and colleagues and the continued long-term support of his wife, Peggy.



Richard B. Trumbo, Ph.D. 1933-2017

Margaret "Peggy" Engle Trumbo 1942-2025



AsMA Executive Director, John Peters, and the AsMA local arrangements team have finalized logistical arrangements to get runners from the host Sheraton Hotel to the race venue and back to the hotel in time for sessions. Buses will run a continuous loop between the Sheraton and City Park from 5:00 and 8:00 AM. A little additional training may be helpful for the higher altitude, but the sunrise should be spectacular, and there should be a big field for the run/walk. Average temperature at run time is approximately 40° F with a range of 30-50° F, so runners should prepare for cool temperatures. Once again, UTMB Aerospace Medicine will be providing shirts and medical support for runners and walkers. Race/walk winners will be announced after the Reinartz Lecture on Thursday, 21 May which begins at 7:45 A.M.

FOUNDATION BOOTH IN ATLANTA

The AsMA Foundation will be hosting a booth in the display area at the annual scientific meeting in Atlanta. Members of the Board will periodically staff the booth and hope to answer any questions that AsMA members may have. We also plan to seek input from members regarding perceived needs the Foundation may address or suggestions to improve the Foundation's function in the future. We will be giving an AsMA Foundation golf shirt to any members that will pledge a donation. Unfortunately, last year we ran out of shirts but have ordered extra for this year!

HERITAGE SOCIETY MEMBERS

The Foundation Heritage Society honors colleagues and friends who make a commitment to the Foundation by will, revocable living trust, life insurance, life-income gift, retirement account designation or a deferred gift arrangement. Qualifying commitments may be of any amount and may be directed to support existing programs and endowments, qualified new programs of the donor's choice, or may be undesignated. If others meet these criteria, please notify Dr. Campbell or any of the Board members.

Charles Billings*

Genie Bopp

David K. Broadwell

Jeffrey R. Davis

Walter and Sylvia Goldenrath*

**deceased*

Richard and Issy Jennings

Shuba and Vish Mantri

Al Parmet

Quay Snyder

Jim and Sandy Vanderploeg

THE ASMA FOUNDATION THANKS OUR 2025 DONORS

The Foundation supports the field of aerospace medicine and the Aerospace Medical Association through the generosity of members and friends of AsMA. In 2025, 145 donors supported the Foundation and total donations were \$100,034.00. We wish to thank the following individuals for helping the Foundation support the Association, aerospace medicine, and the allied fields. The mission of the Foundation could not be possible without your generous support. The Foundation appreciates gifts of any amount, but we will specifically recognize our more generous donors through AsMA Foundation Orbit donor categories unless they prefer anonymity. *While we make every effort to include each donor, if your name was inadvertently omitted from the lists or you are listed incorrectly, please let us know.*

Dragon Donors (\$10,000+)

Mark Campbell
 Richard Jennings
 Jeff Jones
 Jeff Myers
 Al Parmet

Titan (\$2,500+)

Rohit Kesarwani
 Vishakh Mantri
 David McKenas
 Annette Sobel

Atlas (\$1,000+)

George Anderson
 Kris Belland
 Susan Fondy
 Foley Foundation
 Gary Gray
 Kathryn Hughes
 Francis Laue
 Robert Laurent
 Amanda Lippert
 Vishakh Mantri
 Russell Rayman
 Jeff Sutton
 George Taylor
 Peggy Trumbo
 James Vanderploeg

Redstone (\$500+)

Christopher Backus
 David Broadwell
 Jeff Davis
 William Dodson
 Amy Hicks
 Nereyda Sevilla
 William Tarver

X-15 (\$100+)

Nomy Ahmed
 Samir Alvi
 Denise Baisden
 Eilis Boudreau
 Tyson Brunstetter
 Shelby Couture
 Dennis Deakins
 James DeVoll
 James Elliott
 Michelle Frieling
 Leroy Gross
 Michael Harrison
 Jamie Harvey
 Thomas Hoffman
 Pat McGinnis
 Justin Nash
 Manoj Plaingam
 Casey Pruett
 M. Joan Saary

X-15 (\$100+ con't)

Mark Sheehan
 Warren Silberman
 Jeffrey Sventek
 Steve Vanderark
 Daniel Van Syoc
 Tory Woodard

SUPPORTING THE AsMA FOUNDATION

The AsMA Foundation supports aerospace medicine, the allied fields, and the Association through scholarships, awards, research grants, scientific publications, professional development, educational opportunities, and other activities. With the help of recent donations and gifts transferred from the annual meeting registration process, the funds of the constituent organizations, endowments, and Foundation now total \$1,050,000. Foundation and its mission continue to be dependent upon generous donations from AsMA members and friends. We thank all the donors and supporters of the Association and the Foundation whose contributions continue to make a difference in aerospace medicine and the allied fields. We encourage those who have not contributed to help the Foundation reach its next goal. While the Foundation's unencumbered funds are limited, there has been considerable effort to find specific activities and projects that the Foundation can support for the Association. Please consider donating to help us accomplish this goal and continue our ongoing programs. However, it is also possible to designate Foundation gifts to existing Foundation endowed funds or constituent organization funds held in the Foundation's pooled investment fund.

It is also now possible to donate cash gifts through the Foundation's website noted below. Gifts may include the donation of securities, bequests, life insurance, savings bonds, retirement plan assets, or real estate. Many types of gifts can limit tax liability, but it is prudent to consult a tax advisor. Donating stocks or securities directly to the Foundation is easy and requires no more than emailing the Board Treasurer for simple transfer instructions (treas@asmafoundation.org). If you prefer, you can call

Gisselle Vargas of the AsMA HQ office at 703-739-2240 ext 104. For more Foundation information, visit the Foundation website at: <https://asmafoundation.org> As you consider your next contribution, keep in mind that donations can be done through:

- Credit Card donations
- Donations can be made by pushing the Donate Now button on the Foundations web page – <https://asmafoundation.org>
- Donations through PayPal
- Donations of stocks and securities
- Donations of Charitable Gift Distributions
- Donations by check using the form below
- AsMA members should also consider joining the Heritage society and include the Foundation in their estate planning or by designating future gifts

CONTACTING THE FOUNDATION

Aerospace Medical Association Foundation
631 US Highway 1, Suite 307
North Palm Beach, FL 33408

I think human beings have an innate desire to help each other. And whether you're in medicine or anything else, if you see someone that you can help...you get a gratification from doing it. In fact, I think that is perhaps the most important, you might say, fabric that holds the society together.
Michael E. DeBakey

Thank You for Supporting the AsMA Foundation

Donation Amount: _____

Name: _____

Address: _____

Payment:

Check to AsMA Foundation is enclosed

Please Charge my credit/debit card

Card Number _____

Exp Date _____

Name on Card _____

CVC Code (3 numbers on back) _____

Mail to: AsMA Foundation
320 South Henry St.
Alexandria, VA 22314

Signature: _____