Notes from the Chair

Best wishes for a Happy Autumn season to all the supporters of your AsMA Foundation. As hinted in our last newsletter, the Foundation has launched the next phase of our quest to assure the future of Aerospace Medicine is secure—The Need for Speed Campaign. Our goal is to reach a $5 million endowment by the 100th anniversary the Aerospace Medical Association in 2029. This is a tall order, but we can do it—with your help. There are more pressing needs than ever in our field. Rising costs to support travel scholarships to our annual meeting and a serious mismatch between the supply and demand for aerospace medicine post-graduate medical education are just two.

Your Board has been working hard behind the scenes to modernize our website at asmafoundation.org. I hope all of you received and looked at a recent email introducing the revised site, which now allows secure credit card, ACH and PayPal donations. You can designate a purpose or fund for your donation, as well as make your donation in honor or memory of someone. Checks sent to AsMA HQ are always welcome, and there is a printable mail-in form if you choose to use it. I am proud that the Foundation can now interact with our donors in a more convenient and safe manner. Please visit our website for more info on The Need for Speed campaign and the challenges the Foundation would like to address with your support.

I am looking forward to seeing everyone in Chicago at the annual meeting. If you would like to send me feedback before then, I’m at chair@asmafoundation.org.

David K. Broadwell, M.D., Chair
DR. LEROY GROSS NAMED TO THE FOUNDATION BOARD OF DIRECTORS

At the recent AsMA Foundation Board meeting in New Orleans, LA, Leroy P. Gross, MD, MPH was named as a new member of the Board and will serve an initial three year term. Dr. Gross has been a long term supporter of the Foundation and has provided generous undesignated gifts for the Foundation to apply in areas of greatest need.

When asked to comment on his election to the Board, Dr. Gross said, “It is an honor to serve as a member of the Aerospace Medical Association Foundation Board of Directors. As an active member of the Association for over 45 years, I look forward to continuing the legacy of including international members, diversifying the portfolio of aviation/space medicine specialists, and providing equitable opportunities for talented future generations participation in this unique medical specialty.”

Dr. Gross is the Founder, President and Corporate Medical Director of InoMedic Health Applications, Inc. (IHA). IHA is a small business in Hampton, Virginia that has provided aerospace medicine and occupational health services to federal, state, and private sector organizations for over 28 years. Dr. Gross incorporated InoMedic following his retirement as a Colonel USAF (MC) in 1993. While on active duty, he served as a missile launch control officer, aircraft commander, instructor pilot, designated USAF/Pilot Physician, clinician, physician-executive, and first Command Surgeon for Air Force Special Operations Command.

He served on numerous boards and committees to include: Headquarters NASA Aerospace Medicine/Occupational Health Advisory Committee (AMOHAC), the Biological / Physiological Research Advisory Committee (BPRAC) and the Life Microgravity Science Advisory Committee (LMSAC); Assistant, Professor, Community Medicine, Eastern Virginia Medical School (EVMS); Commonwealth of Virginia Veterans Services Foundation Board; Board of Advisors to the Lewis B. Puller, Jr. Veterans Benefits Clinic, College of William and Mary Law School; and EVMS and NASA Langley Research Center Institutional Review Boards. He is an AsMA Fellow and has served on many AsMA committees and chaired the Awards Committee, Corporate Forum, and Aviation Safety Committee.

Dr. Gross earned B.S. and M.D. degrees at Howard University, M.P.H. at Johns Hopkins University, Aerospace Medicine Residency at the USAF School of Aerospace Medicine, and Occupational Medicine at the University of California, San Francisco. He is an outstanding addition to the AsMA Foundation Board.
At the recent scientific meeting in New Orleans the AsMA Foundation announced a new $5 million dollar fund raising campaign to coincide with the 100th AsMA anniversary in 2029. The fund is planned to accelerate and empower the education, training, and research efforts of the next generation of physicians, scientists, physiologists, nurses, and aeromedical managers that will take human presence to deep space and higher, faster, and safer in the atmosphere. Specific targets for the funds include supporting education and graduate training in aerospace medicine, expanding technology in our field, establishing seed grants and support for young investigator research, and aeromedical support for training and support of the new workforce needed in commercial spaceflight. *The Need for Speed: Farther, Faster, Together* campaign seeks to reach the target goal in time to celebrate AsMA’s 100th anniversary in May 2029. While a campaign of this magnitude will require some major gifts, the key to its success will be that all AsMA members participate in some way that fits their individual financial situation.

**TREASURER’S REPORT**

Deep thanks go to Genie Bopp for her many years of service to the Foundation in various capacities but especially for her years as Treasurer. Genie’s work helped the Foundation build to the current success it now enjoys, and she has been the cornerstone of ensuring the many scholarships across AsMA have been flawlessly coordinated. The new Foundation Treasurer is Kathy Hughes, who is excited to support the Foundation in this new role.

The Foundation fund balances continue steady growth from many donors and strong investment performance with a total balance of almost $680,000. There are currently 16 named funds managed by the Foundation and one unrestricted fund. Most of those funds support the scholarships/awards that are presented annually. The 2023 winners are listed below.

Contact Kim Broadwell, Foundation Chair, if you wish to initiate a new fund to support a specific scholarship or to honor a person or theme. The Foundation is also thankful for the many other very generous unrestricted donations from AsMA Members during AsMA registration and throughout the year.
Several AsMA members have made their donations an automatic monthly occurrence. What better way to support the development of the Foundation? You can do so by going to https://asmafoundation.app.neoncrm.com/forms/donate-now. The Foundation has moved to a new donation website that is easier to use and eliminates the fees that were associated with previous methods of on-line donations. Your donation can go to a specific fund or to unrestricted fund which supports among others the annual Fellows Awards.

This year the AsMA Foundation provided over $8,000 in scholarships and awards benefiting 10 very deserving awardees.

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<thead>
<tr>
<th>Awardee</th>
<th>Amount</th>
<th>Fund</th>
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<td>General/Belland</td>
<td>AMSRO Trailblazer Award</td>
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<td>$750</td>
<td>SMA</td>
<td>SMA International Scholarship</td>
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The first awardee of the new Philip J. Scarpa Scholarship will be announced soon.

**ANAHPS ANNOUNCES THE MARY F FOLEY ENDOWMENT FOURTH ANNUAL EVENT ON LEADERSHIP IN AEROSPACE MEDICINE**

Planning is underway for the fourth annual Mary F Foley Endowment panel for AsMA’s 94th Annual Scientific Meeting in Chicago. This year’s theme will highlight “Influential Women on the Frontiers of Space Medicine Exploration: Lessons on Leadership.” The panel is categorized as educational and will serve to mentor attendees who can learn and emulate the leadership qualities of the women who are profiled.

Among exceptional leaders to be profiled, all are actively contributing to the space medicine discipline. The panel will portray the distinguished Thais Russomano, a Brazilian doctor, international lecturer, founder of the Microgravity Center, the first educational and research center in Space Life Sciences in Latin America. She is followed by the presentation of NASA Astronaut, Nicole Stott, whose book, “Back to Earth: What Life in Space taught me about our Home Planet,” imparts hard won lessons on how a response to crisis in space can be applied to life on Earth.
This panel highlights the contributions and influence of former NASA Chief astronaut, Peggy Whitson, recipient of the medal for Merit in Space Exploration, who holds the record for most days in space by a human at 675 days. Ilaria Cinelli, a biomedical engineer and commander on numerous space analog missions in extreme environments, will be portrayed as a next generation leader in space travel. Presenters will convey how Cinelli’s energy in action inspires others and has cascading influence on the evolution of space exploration. We will complete the panel with a tribute to Barbara M Barrett and her leadership, as former United States Secretary of the Air force, and the United States Space Force. Her diversified business and diplomatic career, including instrument rated pilot, astronaut training, and Ambassador to Finland, will be highlighted.

The AsMA Foundation is pleased to announce that the Foley Endowment Fund has reached $20,000. The family of “Bunny” Foley continues to contribute to the Endowment and greatly appreciates the support of the AsMA family in its growth. The Foley endowment was established to honor the contributions of Mary F. Foley, a nurse, AsMA Fellow, commercial and instrument-rated pilot, life member of the 99’s and a certified aerospace physiologist, and to perpetuate her legacy by encouraging other women to follow in her footsteps.

Proceeds from the endowment support this annual leadership event. The Foley panel creates visibility, benefits AsMA membership, and portrays the diversity of participation and contributions of these women in many aspects of aerospace medicine. The panel adds an invaluable mentoring opportunity for personal leadership development for AsMA’s membership.

Endowment funds support marketing, membership, social media initiatives, and to fortify the membership of ANAHPS. Since annual proceeds from the fund are limited and based on the fund’s corpus balance, additional investments and contributions to assist in these efforts to recognize women and facilitate leadership development are greatly appreciated. Anyone who would like to support these initiatives can designate gifts to the Foundation for the endowed program honoring Mary F. Foley. Many thanks to all who have already contributed.

*Marian B. Sides, PhD, MSN, FAsMA, Past President AsMA*

**ASMA FELLOWS SCHOLARSHIP COMMITTEE REVIEWS 11 PAPERS IN NEW ORLEANS**

The Fellows Scholarship Committee reviewed a total of 11 scientific papers in New Orleans that resulted in 6 papers accepted for publication in *Aerospace Medicine and Human Performance* by the October 31 deadline. The committee will review the presentations and publications in the next few weeks to select the 2023 Fellows Scholarship Award winners.

The Fellows Scholarship is funded by the Foundation through the generous support of AsMA Fellows and members. The awards are presented annually to two AsMA members who are students in an aerospace medicine residency program, graduate program in aerospace medicine (Master or Ph.D.),
medical certificate or aerospace diploma course, or in a full-time education/training program in the allied fields of nursing, physiology, human factors, psychology, ergonomics, and engineering. Selection criteria include delivering a slide or poster presentation as a first author at the AsMA Annual Scientific Meeting and then submitting a manuscript as first author for publication in AMHP based on the same topic and/or material covered in the slide or poster presentation. Scholarship recipients are selected by the AsMA Fellows Scholarship Committee based on the highest scientific value, originality, quality, and relevance of the applicant’s presentation and AMHP manuscript related to the field of aerospace medicine (including allied scientific disciplines). The scholarship committee gives special consideration to applicants who are at an early stage in their career development. The scholarship monetary awards are used for underwriting, in whole or in part, the cost of registration fees, transportation, hotel accommodations, or any other valid fees or expenses incurred by the winners in relation to their attendance at one or more scholarly meetings on topics related to aerospace medicine.

*Melchor Antunano, M.D., M.S., Chair, Fellows Scholarship Committee*

**2023 RICHARD “DICK” TRUMBO 5K PREVENTIVE MEDICINE FUN RUN/WALK HELD ON MONDAY, MAY 22, 2023 IN NEW ORLEANS**

The 22nd Annual Richard “Dick” Trumbo 5K Preventive Medicine Fun Run/Walk was held for 130 registrants on Monday, May 22, 2023, in New Orleans on the scenic Woldenberg Park river walk. The Trumbo Run/Walk event is supported by an endowed fund established by Peggy Trumbo and the friends and colleagues of Dr. Trumbo. UTMB provided medical support and race shirts.

While everyone who participated in the Run/Walk was a winner, this was a very competitive field, and the fastest in the men’s division was Ben Easter. Vicky Edwards led the female competitors. Men’s runners finishing second and third were Sam Stephenson and Joshua Shield, while the women’s second and third place went to Karen Ong and Nicole Solano.
The 2024 Trumbo Run/Walk will start at 6:00 AM from the DuSable Harbor Marina near the Hyatt Regency Chicago Hotel. The Chicago 5K event will be conducted along the shore of Lake Michigan and should provide participants with a beautiful 5K course in the early Illinois morning. We hope you will be able to attend the AsMA 94th Annual Scientific Meeting in Chicago and hope you will choose to participate in the Trumbo Run/Walk.

Winners Announced for the 2023 Awards Sponsored by AsMA Foundation Endowed Funds

**WALTER AND SYLVIA GOLDENRATH AWARD – COL. DANIEL A. ROBERTS**

Colonel Daniel A. Roberts received the 2023 Walter and Sylvia Goldenrath Award that is presented for the most significant contribution in aerospace physiology. Col. Roberts was honored for his accomplishments in aerospace physiology and long-term mentorship in the field. Col. Roberts is currently the commander of the 97th Medical Group, Altus AFB, OK and in this role is responsible for providing healthcare to more than 7,600 DOD beneficiaries. He has served in multiple human performance, human factors, safety, aerospace physiology, and command roles during the past 21 years. He served as Executive Secretary for a Department of Defense Task Force, leading the first-ever Strategic Plan for accident reduction. He has led a Headquarters Air Force level re-engineering for an entire career field, co-championed by the Air Force Surgeon General and the Air Force Director of Operations, Plans, and Requirements. He led the manpower validation of 411 aerospace physiology personnel and drafted its career field development guide to transition the Aerospace Physiology enterprise program to the line of the Air Force. He is credited with conducting critical aeromedical research into simulator based spatial disorientation/task management training, human factors in fighter aircraft, extensively worked with the use of Reduced Oxygen Breathing Devices and directed the sole Night Vision Goggle Advanced Instructor Course for the Air Force.

He entered the Air Force by ROTC in 1997 and his primary background is in operational aerospace physiology and safety. He has deployed in support of numerous operational exercises, as well as support of combat operations, including Operations Northern Watch, Southern Watch, Enduring Freedom, and Iraqi Freedom. As a human factors consultant, he participated in multiple Safety, Accident, and Friendly Fire Investigation Boards.

Col. Roberts earned a B.S. in Human Physiology in 1997 from Middle Tennessee State University, Murfreesboro, TN. He graduated with honors from the Aerospace Physiology Course at Brooks AFB,
TX, in 1999 and Squadron Officer School, In-Residence, at Maxwell AFB, AL, in 2004. In 2007 he earned an M.S. in Human Physiology at the Air Force Institute of Technology, Middle Tennessee State University. He completed Air Command and Staff College in 2008, Air War College in 2013, the Joint Senior Medical Leader Course in 2015, and the Combined/Joint Air and Space Operations Senior Staff Course in 2017.

Col. Roberts commanded the 325th Medical Support Squadron and served as the Chief, Aviation Management Branch at Headquarters Pacific Air Forces, where he was responsible for the organization, training, and equipment of PACAF combat forces aviation support programs. Prior to his current duties, Colonel Roberts served as the Chief of the Aircrew Performance Division, Directorate of Training and Readiness, Headquarters U.S. Air Force. In this role he also served as the Career Field Manager for Aerospace Physiology and was responsible for the functional oversight of 400 aerospace physiology personnel, policy, and requirements. He has received multiple awards throughout his career and is a Fellow of the Royal Aeronautical Society an Associate Fellow of the Aerospace Medical Association.

The Goldenrath award is supported by the Walter and Sylvia Goldenrath endowed fund that was created at the bequest of Captain Goldenrath USN (Ret.) to honor and highlight the most significant contributions in the field of aerospace physiology.

ANITA MANTRI, Ph.D., MEMORIAL TRAVEL SCHOLARSHIP-SAMUEL STEPHENSON, MD

The Mantri Award honors the life of Dr. Anita Mantri who was a student leader in the MD/PhD program at Texas A&M when she was fatally injured in an automobile accident. The Award is funded through a permanent endowment created by the Mantri family. Receiving the Mantri Award in 2023 was Dr. Samuel Stephenson.

Doctor Stephenson is from Culpepper, VA and a recent graduate of Eastern Virginia Medical School. He completed his undergraduate studies in 2019 at the University of Virginia majoring in Kinesiology. During medical school, he has spent over 200 hours volunteering in the local community. He helped fight the COVID-19 pandemic by working on a team that used 3-D printers to make respirators which were used by the Children’s Hospital for the King’s Daughters during the early pandemic when there was a critical shortage of personal protective equipment, and he volunteered at numerous vaccine clinics helping administer COVID-19 vaccines to the local community. He spread his passion of exercise and nutrition by leading exercise classes and nutrition discussions at the Salvation Army Adult Rehabilitation Center, working with the Portsmouth Diabetes Prevention Program, and served as a running pacer at local half marathons. While at EVMS, Samuel worked with Professor Richard...
Britten in his research lab examining the effects of space radiation on cognitive function in rats. Sam developed a novel touchscreen switch task and completed and published his first study titled, “Simulated Space Radiation Exposure Effects on Switch Task Performance in Rats” in Aerospace Medicine and Human Performance. His second manuscript is under review for publication and the switch task he developed is continuing to be used by his lab for future space radiation research projects. He completed the NASA Aerospace Medicine Clerkship in October, 2022, where he worked with Justin Pratte and Arian Anderson on the project he presented at AsMA’s 93rd Annual Scientific Meeting, titled “Principles for Termination of Medical Care in Austere Analog Environments for Development of Space Flight Protocols.” He began ASM residency training in June 2023 at UTMB in the combined IM/AM program.

He is author or co-author on 12 publications/presentations and is a member of the Ultrasound Club, the Undersea and Hyperbaric Medical Society, the American College of Cardiology, the American College of Physicians, the American Medical Association, the Aerospace Medicine Student and Resident Organization, and the Aerospace Medical Association.

STANLEY R. MOHLER, MD, AEROSPACE MEDICINE ENDOWED SCHOLARSHIP: Cyril Mani

Cyril Mani received the 2023 Stanley R. Mohler Award that provides training grants and awards to help students and residents early in their aerospace medicine training and fund their studies or research activities. He is a final-year aerospace engineering student at McGill University, Montreal, Canada, completing his ESA-funded thesis investigating spacecraft propulsion in microgravity while using the analog parabolic flight. From 2019-2022, Cyril led 25 engineering students to build and launch the first Canadian experimental student rocket while working on Canada’s first commercial launch capacity. His work on leading the development of Montreal’s first rocket engine test facility led to being invited to present at IAC 2022 in Paris and CI/CS 2022 in Ottawa.

After seeing the impact of propulsive technologies in the war in Ukraine, Cyril pivoted his career to aerospace medicine and joined the Space Medicine and Astronaut Health division of the Canadian Space Agency (CSA). There, he applies his engineering skillset and system-based perspective to develop biomedical technologies that may optimize patient care in deep space. He contributes to the flagship Connected Care Medical Modules program, where cutting-edge medical tools and AI platforms are deployed in space station medical bay mock-up containers for testing across remote communities in Canada. Simultaneously, he pursues aerospace medicine research.
with firms like Thales, where he explores the combination of machine learning models and biomonitoring devices for point of care medical decision support systems and interoperable pipelines for diagnostic support.

Cyril used his scholarship to finance his participation in AsMA’s 2023 meeting and to support application fees for M.D.-Ph.D. programs in Canada. He wishes to obtain a Ph.D. in biomedical engineering and clinical experience through an M.D., to explore the aerospace use cases for healthcare technology tools from an engineering, physiological, and clinical point of view. He is a member of the IEEE Engineering in Medicine and Biology Society, the McGill Institute for Aerospace Engineering, the Order of Engineers of Quebec, Youth Science Canada, the Aerospace Medicine Student and Resident Organization, and the Aerospace Medical Association. His previous awards include the full-ride Schulich Leader Scholarship at McGill University in 2019, the Director’s award of the CSA in 2022, the Future (2019) and Succession (2023) Scholarship of the Order of Engineers of Quebec, and the Canadian Association of Physicists Award (2019).

**SPACE SURGERY ASSOCIATION FUTURE RESEARCHER AWARD GOES TO RILEY FERGUSON (MARK AND BETSY CAMPBELL ENDOWMENT)**

The recipient of the 2023 Space Surgical Association Future Researcher Award is Riley Ferguson. She received her BA degrees in English and Neuroscience from Vanderbilt University and is scheduled to receive her MD from the University of Cincinnati Medical School in 2024. She is currently a Research Fellow at the National Institute of Health in the Medical Research Scholar Program where she is investigating spaceflight-associated neuro-ocular syndrome in an animal model. She participated in an internship at Space X and has also been a United Nations Research Fellow where she was working with Lisa Brown, MD investigating hepatic function in microgravity. She has a private pilot license, is a certified SCUBA diver, and has high altitude Wilderness Medicine experience at the Everest Base Camp. She has a particular future interest in Surgery and Space Medicine and will be starting a surgical residency next year.

The Space Surgery Association is an AsMA affiliate international organization of surgeons and other physicians, nurses, and engineers striving to develop and test capabilities to perform surgery in microgravity and in variable gravity. This award is supported by an endowment created by Mark and Betsy Campbell in 2021 and through direct contributions from the Campbells until the endowments annual earnings increase.

**THOMAS J. AND MARGARET D. TREDICI AWARD**

The Tredici Award was not presented in 2023, and the distribution added to the fund corpus to facilitate growth.
**SUPPORTING THE ASMA FOUNDATION**

The AsMA Foundation supports aerospace medicine, the allied fields, and the Association through scholarships, awards, research grants, scientific publications, professional development, educational opportunities, and other activities. With the help of recent donations and gifts transferred from the annual meeting registration process, the funds of the constituent organizations, endowments, and Foundation now total $679,000. Foundation and its mission continue to be dependent upon generous donations from AsMA members and friends. We thank all the donors and supporters of the Association and the Foundation whose contributions continue to make a difference in aerospace medicine and the allied fields. We thank all our donors and encourage those who have not contributed to help the Foundation reach its next goal. While the Foundation’s unencumbered funds are limited, there has been considerable effort to find specific activities and projects that the Foundation can support for the Association. Please consider donating to help us accomplish this goal and continue our ongoing programs. However, it is also possible to designate Foundation gifts to existing Foundation endowed funds or constituent organization funds held in the Foundation’s pooled investment fund. These funds include:

<table>
<thead>
<tr>
<th>Fund Name</th>
<th>Fund Supports</th>
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<tr>
<td>Stanley R. Mohler Fund</td>
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<tr>
<td>Walter and Sylvia Goldenrath Fund</td>
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<td>Thomas and Margaret Tredici Fund</td>
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<td>Mary Foley Fund</td>
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<td>Phil J. Scarpa Fund</td>
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<td>Scholarships, Research, and Training in ASN</td>
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It is also now possible to donate cash gifts through the Foundation’s website noted below. Gifts may include the donation of securities, bequests, life insurance, savings bonds, retirement plan assets, or real estate. Many of these methods can limit tax liability, but it is prudent to consult a tax advisor. Donating stocks or securities directly to the Foundation is easy and requires no more than emailing the Board Treasurer for simple transfer instructions (treas@asmafoundation.org). If you prefer, you can call Jeff Sventek of the AsMA HQ office at 703-739-2240 ext 105. For more Foundation
information, visit the Foundation website at: https://asmafoundation.org As you consider your next contribution, keep in mind that donations can be done through:

- Credit Card donations
- Donations can be made by pushing the Donate Now button on the Foundations web page – https://asmafoundation.org
- Donations through PayPal
- Donations of stocks and securities
- Donations of Charitable Gift Distributions
- Donations by check using the form below
- AsMA members should also consider joining the Heritage society and include the Foundation in their estate planning or by designating future gifts

CONTACTING THE FOUNDATION

AsMA FOUNDATION
320 S. HENRY ST.
ALEXANDRIA, VA 22314

Life’s most persistent and urgent question is, ‘What are you doing for others?’ Martin Luther King, Jr.

Thank You for Supporting the AsMA Foundation

Donation Amount: __________________________
Purpose of donation? __________________________

Name: __________________________
Address: __________________________

Payment:
- My check payable to the AsMA Foundation is enclosed
- Please Charge my credit/debit card

Card Number: __________________________
Exp Date: __________________________
Name on Card: __________________________
CVC Code (3 numbers on back): __________________________

Mail to: AsMA Foundation
320 South Henry St.
Alexandria, VA 22314

Signature: __________________________
email: __________________________