

Chair

David K. Broadwell, M.D.



Secretary/Treasurer

George Peach Taylor, Jr., M.D., M.P.H.

AsMA Foundation Newsletter

Volume 5, Fall 2016

Your Foundation – AsMA's Future

Greetings from your new Chair! I am very honored to have been elected to serve along with David Schroeder, the new Vice Chair. There were also a number of outstanding new board members elected at the Atlantic City annual scientific meeting, and these are listed with an asterisk at the end of this column. Three are former AsMA presidents and two represent the international and corporate aerospace communities.

This newsletter updates you on just some of the good things the Foundation does for AsMA, particularly in supporting the next generation of aerospace medical professionals. I was tempted to title this column – *The AsMA Foundation: Your Secret Friend*, because I don't think most members realize what we do as the charitable arm of AsMA. Many I have spoken to don't realize the Trumbo Fun Run/Walk is a gift from the Foundation to the Association membership every year—registration fees don't begin to cover the expense.

We would like to do more, but without your support we will be walking instead of soaring. The Board has undertaken a strategic planning process to envision where we need to go. Tell us what puts air under your wings. Educational support? Funding small "citizen science" grants for investigators (you know, on all those upcoming commercial spaceflights.) Please let me know your thoughts, and while you are at it, attach a donation check to help them come true. If you have questions, please contact me or any of the Board members. *David K. Broadwell, MD*

Foundation Board Members 2016-2017:

D. K. (Kim) Broadwell, Chair ncpm@icloud.com
David Schroeder, Vice Chair*
George Peach Taylor, Jr., Secretary/Treasurer
Melchor Antunano
Eugenia Bopp
Kris Belland*
Robert Laurent*
Marian Sides*
Roland Vermeiren*
Jeffrey Sventek, AsMA Executive Director

Competition is Keen for the 2016 Fellows Award

Melchor Antuñano, Chair of the AsMA Fellows Scholarship Committee, announced there were 14 applicants for the 2016 scholarship who delivered their presentations at the AsMA meeting in Atlantic City. The \$2,000 scholarship is funded by the AsMA Foundation and is presented annually to an AsMA member who is a student in an aerospace medicine residency, graduate program in aerospace medicine (Master or Ph.D.), medical certificate or aerospace diploma course, or in a full time education/training program in the allied fields of nursing, physiology, human factors, psychology, ergonomics, and engineering. Selection criteria include delivering a slide or poster presentation as a first author at the AsMA annual scientific meeting and then submitting a manuscript based on the same topic and/or material as first author for publication in our *Aerospace Medicine and Human Performance* journal. Nine of the 14 candidates submitted a manuscript by the required deadline.

The winner is selected by the Fellows Scholarship Committee based on the scientific value, originality,

quality and relevance of the candidates' presentations and published manuscripts. In addition to the cash award, the winner is invited to be recognized at the annual Fellows dinner. Dr. Babak Alagha was selected as the 2015 scholarship winner. His presentation at the scientific meeting and manuscript published in *Aerospace Medicine & Human Performance* (AMHP) Journal were titled "Conservative Management of Mechanical Neck Pain in a Helicopter Pilot." Dr. Alagha was recognized for his achievement at the Fellows Dinner in Atlantic City.

Winners Announced for the 2016 Awards Sponsored by AsMA Foundation Endowed Funds

During the recent scientific meeting in Atlantic City, several winners of Foundation supported awards were announced by AsMA.

These included:

Mohler Award:	Rahul Suresh, MD
Goldenrath Award:	Maj. Jaime R. Harvey
Tredici Award:	C. Robert Gibson, OD
Davis International Scholarship:	Lisa Brown, MD



Kris Belland Presents the Goldenrath Award to Major Harvey



NASA Optometrist Robert Gibson, OD wins the Tredici Award

Endowed Fund Created in Honor of Dr. Kris Belland

Dr. Pamela Durham-Belland, DO, recently established the Kris M. Belland, DO, MPH, MBA, MSS Endowed Fund through the AsMA Foundation. Pam views this new fund as a way for her to recognize her husband's dedication to the aerospace medicine community. The purpose of the Belland Fund is to generate annual earnings for scholarships, research, grants, awards, educational activities, events, and operational costs of the Foundation. The Belland Endowed Fund is the first unrestricted endowed fund to support AsMA and the Foundation. The Fund's earnings may be used to finance AsMA and aerospace medicine where the need is greatest. Pam started the Belland Fund early during her husband's term of office, but elected to keep it a surprise for Kris until its announcement was made during Honors Night in Atlantic City.

Kris Belland took an active role in support of the Foundation during his recent term as AsMA president. He now serves on the Foundation Board of Directors. The Fund's creation marks his distinguished career in aerospace medicine. He has been the recipient of the Aerospace Medical Association Lyster Award, the SUSNFS Graybiel, Leuhrs, and Sonny Carter Memorial Awards, and the Collins Award for outstanding publication in the field of Human Factors.



The Belland Family at Honors Night

Dr. Belland is dually designated as both a Navy physician and Naval Aviator. After graduation from the US Naval Academy and Philadelphia College of Osteopathic Medicine, Belland attained his MPH from USUHS and his MBA from Western Governors University. He was the first Navy physician to attend the USAF Air War College in-

residence to earn a Master of Strategic Studies. He currently serves as the US Pacific Fleet Surgeon in Pearl Harbor, Hawaii.

Pam reports that Foundation members were very helpful in walking her through the simple process of creating an endowed fund. "I think many people believe endowed funds are only to honor people who have died, but actually being able to see the happiness on my husband's face when he learned about the Belland Fund brought me such joy. I am thrilled I was able to set up a legacy for him right now that will leave a positive and lasting impact upon aerospace medicine." She encourages members to consider financially supporting the AsMA Foundation as a means to honor those special individuals who have contributed greatly to our aerospace medicine family.

IRA Qualified Charitable Distributions Are Now Permanent

Based on recent Congressional action, IRA Qualified Charitable Distributions (QCDs) are now permanently available. This provision on QCDs allows individuals who have reached age 70½ to directly donate up to \$100,000 to charitable organizations from their Individual Retirement Accounts. If you are age 70 ½ or older and own a traditional or Roth IRA, you may directly distribute up to \$100,000 tax-free directly to the AsMA Foundation and provide long-term support to this field. QCDs also apply toward age-related Required Minimum Distributions. Gifts that qualify do not generate taxable income or a deduction on the federal income tax return, so you can receive the benefit even if you don't itemize on your tax return. In order to qualify, the gift must transfer directly from the IRA to the Foundation and not be taken home as income first. Please consult your tax advisor or attorney about this opportunity for those who fit this category.

Dick Trumbo Run/Walk a Success: Now on to Denver

Over 80 runners and walkers hit the Atlantic City Boardwalk at the break of dawn in for the second annual Dick Trumbo Preventive Medicine Run/Walk. Brian Pinkston, Cheryl Lowery, and arrangements chair Harriet Lester provided wonderful coordination and with the assistance of a

local running club made the run a very professional event. The men's winner was Richard Kipp followed by James Wallace and Alex Wolbrink. Nicole Solana was the women's champion and had the second fastest overall time. Following her were Cathy Hughes and Maggie Coppini.



Atlantic City Trumbo Run Start

The run is supported by the Foundation's Richard B. "Dick" Trumbo Endowed Fund that was created in Dr. Trumbo's honor. For 2016, UTMB Aerospace Medicine provided shirts for the Trumbo Run/Walk participants.

Jeff Sventek and the advance team for Denver have started making tentative arrangements for the 2017 Trumbo run/walk to be conducted on the Mile High Trail at the beautiful City Park. A little additional training may be helpful for the higher altitude, but the sunrise should be spectacular and there should be a big field for the run/walk.



Denver City Park

Heritage Society Supports Aerospace Medicine Through Future Gifts

The AsMA Foundation's support of aerospace medicine has already benefitted extensively from AsMA members that designated a portion of their estate, retirement plan, insurance, revocable living trust, or annuity to support our field. Beneficiary election is easy and can be done by designation in a will or by phone call, form, or written bequest to insurance or retirement plan administrators. In many cases, gifts to tax exempt foundations can result in significant tax benefits. One advantage of designating future gifts is that any absolute level of gift or a certain percentage gift is possible, and the assets remain fully in the donor's control during their lifetime. Secondly, future donors can determine how their funds will be used to support the field of aerospace medicine

Qualifying commitments may be any amount, and it is not necessary to notify the Foundation of future gift election. Those that notify the Foundation will be included in the AsMA Foundation Heritage Society. The Heritage Society honors AsMA

members, colleagues and friends who make future commitments to the Foundation and aerospace medicine. Future gifts may be listed as undesignated or directed to support existing programs, endowments or qualified new programs of the donor's choice. For those with any questions about the Heritage Society, please contact any of the Foundation Board.



Heritage Society Logo

Supporting the AsMA Foundation

The AsMA Foundation supports Aerospace Medicine and its allied fields through providing scholarships, awards, research grants, scientific publications, professional development, educational opportunities, and other activities.

Several named endowed funds have been created to support awards, scholarships, and events in perpetuity, but unrestricted gifts are always appreciated. It is easy to support the Foundation through several methods. Gifts may include the donation of cash, securities, bequests, life insurance, savings bonds, retirement plan assets, or real estate. Many of these methods can limit tax liability, but it is prudent to consult a tax advisor. For more Foundation information, visit the AsMA website at:

<http://www.asma.org/about-asma/related-organizations/asma-foundation>

Contacting the Foundation

AsMA Foundation
320 S. Henry St.
Alexandria, VA 22314

If you want to lift yourself up, lift someone else. Booker T. Washington